

2018 Kaiser Permanente STP Presented by Alaska Airlines

Route for Personal Support Vehicles (PSV's)

We have designed the STP so you **DO NOT NEED** a PSV. We provide excellent support services for STP cyclists all along the route. STP is an excellent route for cyclists, but not for cars. The #1 one complaint we get from riders and the local communities is about the congestion created from PSV. Vehicles pulling over in dangerous spots and stopping when inappropriate are just a few of the mistakes many support drivers make. Instead of going to your rider, allow your rider to go to you. Riders can call 206.841.9665 to call in an official support van and get a boost to a stop where a PSV can meet up or is already waiting.

We work especially hard to get riders onto quiet, low traffic roads wherever possible. Personal Support Vehicles take away any chance we have to get riders onto quieter, safer, roads. Best practice is to look at the rest stop locations and find a place nearby (parks, shopping centers, public lots) to meet up with your rider. Please be respectful of the experience those without support vehicles are trying to have and stay off route as much as possible. The food at Official Rest Stops is for registered riders only, please do not take the free food meant to support the riders. Mini Stops are a great place to meet up because they have food for sale and we encourage folks to invest in the community groups that host their fundraisers to support STP and all who come to participate.

PSV's Driving Directions to suggested meet up spots:

1. **Mile mark 18– WalMart** in Renton. 743 Rainier Ave S, Renton, WA 98057. This is just two miles prior to the Kaiser Permanente rest stop. Cars are absolutely not allowed in the Kaiser Permanente lot, it is too dangerous for cars to pull in to the rest stop, you will not be allowed in to the stop. The offices are open on Saturday and employees will be present, I repeat **DO NOT PULL IN TO THE KAISER PERMANENTE REST STOP**. This is for registered riders only.

2. **Mile mark 54 – Albertsons Spanaway**. From I-5 S take exit 127 for WA-512 E toward Puyallup/S Tacoma Way. Turn LEFT onto WA-512, take the Steele St. Exit, turn LEFT onto Steele St S, turn LEFT on Military (watch for STP bike traffic). You will see an Albertsons **104 Military Rd S, Tacoma, WA 98444**. Large lot and the food stop is just one block away. Let your rider know you are there. From here you can take Hwy 507 S. This is the section where riders will be on the military base (support vehicles will not have access to this road). Please meet up with them in Yelm. Be aware that you will be on the main route from Roy until Yelm, please use caution while passing.

CARS ARE NOT ALLOWED THROUGH THE JBLM SECTION OF ROUTE, this is not a public road nor is it on the public portion of the base. Cars will be turned away at the gate, riders only. Please follow Highway 7 to 507 and head to Yelm.

3. **Mile Mark- 75- Clif Bar Stop at Yelm City Park-** 115 Mosman Ave SE, Yelm, WA 98597 follow Hwy 507 to Yelm City Park. This is also a mini stop, so please be careful as you near the stop and be aware of riders from all directions. Please use caution you will be on the main bicycle route once you hit Roy.

4. **Mile mark 100–Centralia College-** Follow 507 to Tenino. Riders will be on the bike path that runs parallel to the road. Turn RIGHT onto W 6th Ave/Old Hwy 99 SE, turn left onto I-5 S, take exit 82 for Harrison Ave, LEFT on Harrison, continue on Main St. RIGHT on Washington Ave. **600 Centralia College Blvd, Centralia, WA 98531** pay attention to parking restrictions in this area! Head back to I-5 S. Allow your rider to get well ahead of you. The route runs parallel to I-5 and if they need you they can call. You can follow the highway to the exit they are nearest. There is no need for PSVs on SR-411.

5. **Mile mark 107- Chehalis Recreation Park-** 1321 S Market Blvd, Chehalis, WA 98532 This is an overnight spot as well as where the One Day Rider stop is located here as well.

6. Mile Mark 122- Winlock- 503 NW Kerron St, Winlock, WA 98596- The Worlds Largest Egg! And a great mini top with a burger bar and lots of goodies for purchase. This stop has a lot of safe parking out of the way of riders. Great restaurants and a strong community that loves to support STP.

6. Mile mark 143–Kelso. From I-5 S take exit 40 toward WA-4 S/Kelso/Long Beach/Long View, RIGHT on Kelso Ave, RIGHT onto Cowlitz Way, RIGHT onto WA-4 W, turn into Triangle mall and rendezvous with your rider. **700 Ocean Beach Hwy, Longview, WA 98632** From Kelso we would appreciate all support vehicles heading into the Finish line- Mile mark 202. If you MUST stay on route please be very careful. You are adding to an already congested area with riders and cars. Hwy 30 should be avoided.

7. Mile mark 163- Goble Tavern- 70255 US-30, Rainier, OR 97048- The Goble tavern would like to invite friends and family to come hang out and wait for your riders! Food and a back patio make for a winning combination.

8. Mile mark 172 Safeway, St. Helens- 795 Lower Columbia River Hwy, St Helens, OR 97051– Follow Westside Hwy to the Lewis and Clark Bridge, follow Hwy 30 to St. Helens. There is a Safeway, Walmart, McDonalds and many other establishments for food and a meet up with your rider. PLEASE DO NOT turn into the High School, it is crowded with bikes strewn all over the parking lot. The food stop is for registered riders only.

9. Mile mark 202– Finish Line Festival at Holladay Park- in northeast Portland, next to Lloyd Center. From I-5 southbound or northbound, take Exit #302A (City Center/Rose Quarter). Follow the exit to NE Weidler St. and head east. Continue to NE 9th Ave., and take a right. Then take a left on Multnomah St. The finish line in Holladay Park will be on your right between NE 11th and 13th Ave., just south of Lloyd Center. Lots of parking in the general area. Most are pay parking lots along Multnomah St.

Thank you so much for your consideration in making STP a safe ride for everyone. We hope you come and celebrate your rider's amazing accomplishment at the Finish Line with us. Maybe even with an official STP support driver T-shirt!