

April 12th, 2021

To all our community hosting celebration stations,

We are thrilled to be supporting in-person celebration stations again this year. We've updated this set of guidelines to help you prepare a safe and fun location. Cascade Bicycle Club encourages you to continue to follow local public health guidance; you can find [relevant health and safety resources here](#). As you may know, Washington State has [entered phase 3](#) of the "Roadmap to Recovery". Based on this, we believe we can use Bike Month and Bike Everywhere Day to celebrate all Washington riders in a responsible way.

We will be creating more ways for people to engage with us virtually in activities such as Bike Bingo, social media contests, bike art, the Washington Bikes Bike Everywhere Challenge, and more!

We've outlined some suggestions below on how to host a no-contact celebration station. We encourage you to follow [guidelines from Washington state](#) and the [Centers for Disease Control](#) and Prevention first and foremost. Please don't participate if you are sick, become sick, or have recently been exposed to COVID19.

Suggestions for no-contact celebration stations:

- Create a fun and unique backdrop for riders to take selfies in front of! We will help promote your location and encourage social distancing adventures.
- If you still want to have a giveaway (we still encourage you to limit or eliminate this component):
 - Please limit the number of people at your station (working) to no more than two people who are from the same household
 - Have social distancing markers on the ground in case a line forms and attempt to keep this line under five people
 - Please follow [CDC recommendations](#) and wear a mask
 - Wear gloves when handling any items you are giving away or wash hands before handling items
 - Offer hand sanitizer for riders when at your station
- Cheer on riders and make some noise... while staying 6 feet away!
- Wear a costume, **play music**, and create signs around your station

- Have someone designated to encourage social distancing and sanitation among riders. We want everyone to stay healthy!
- We strongly recommend avoiding offering food and beverages. If you plan to provide refreshments, follow food service guidelines and obtain any necessary permitting in advance.
- Support a local food bank by having a bin at your station to collect donated food from riders.

Forms of celebration we kindly ask you to refrain from this year:

- Blowing bubbles (automatic bubble makers that run without human input are ok)
- High-fives
- Allowing riders to stop for prolonged periods of time at your station
 - Please [keep it moving](#)

What Cascade offers celebration station hosts:

- Highlight your organization on our Instagram
- Provide a social media toolkit, with suggested posts
- Include visiting celebration stations in our Bike Bingo board
- Provide [Free Group Rides \(FGR\)](#) to encourage participation

This resource is meant to provide a starting point for creating a fun and safe celebration station. We acknowledge that public guidelines may change between now and Bike Everywhere Day, May 21st 2021. Please continue to stay updated with the external resources we have provided. Most of all, have a great time planning and celebrating biking in Washington!

Please reach out to bikemonth@cascade.org with any questions or concerns.

COVID-19: PHYSICAL DISTANCING IN PUBLIC PARKS AND TRAILS



Do not use parks or trails if you are exhibiting symptoms.



Be prepared for limited access to public restrooms or water fountains.



Share the trail and warn other trail users of your presence and as you pass.

Follow CDC's guidance on personal hygiene prior to visiting parks or trails.

Observe CDC's minimum recommended physical distancing of 6' from other persons at all times.

