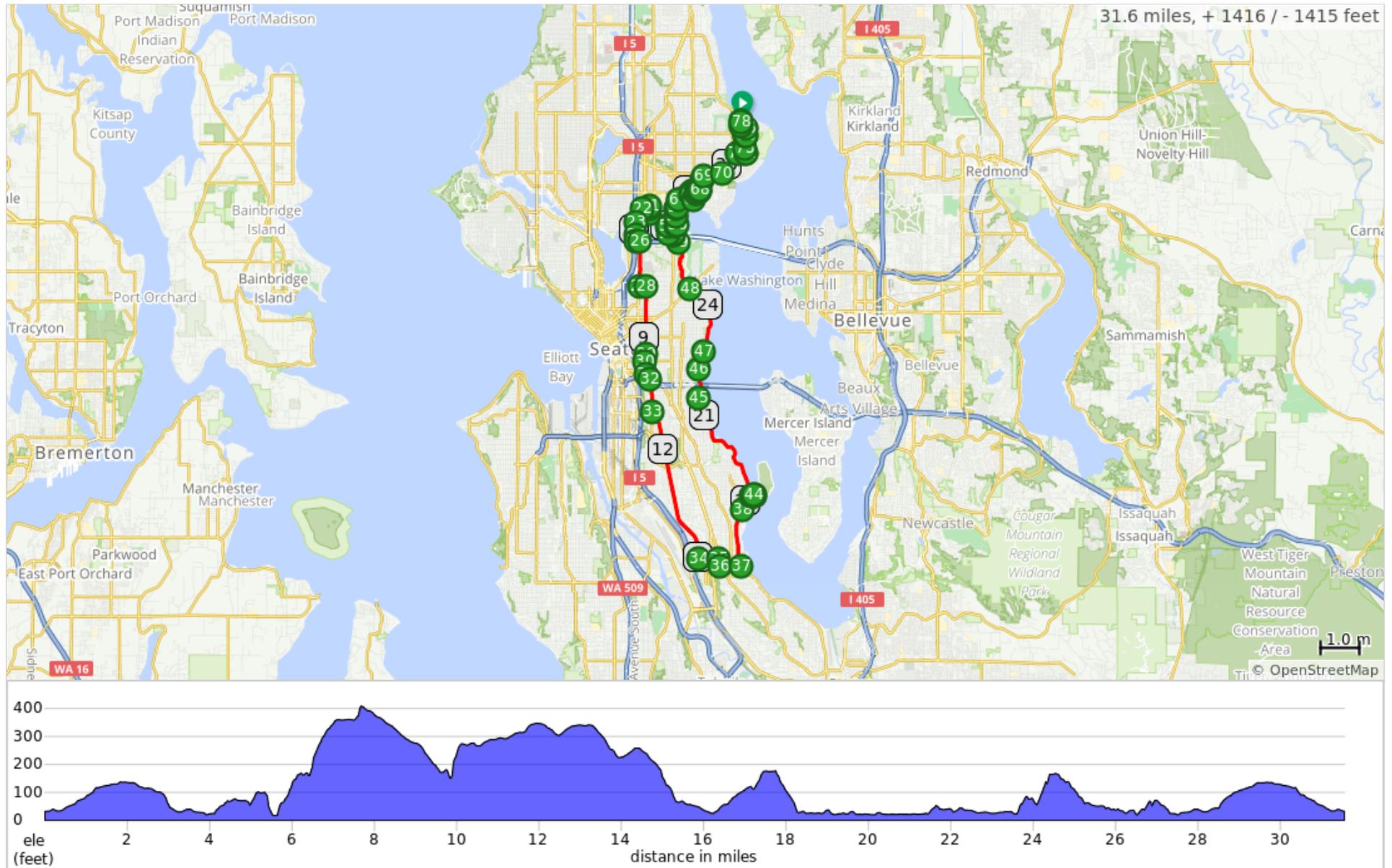


B/G-01 Cascade-Rainier Beach Loop (2022)



B/G-01 Cascade-Rainier Beach Loop (2022)

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.2
2.	0.2	0.2	←	L onto NE 77th St	0.2
3.	0.3	0.2	→	R onto 63rd Ave NE	0.2
4.	0.5	0.2	→	R onto NE 74th St	0.0
5.	0.5	0.0	←	L onto 62nd Ave NE	0.4
6.	1.0	0.4	→	R onto NE 65th St	0.1

1.0 miles. +51/-4 feet

Num	Dist	Prev	Type	Note	Next
7.	1.1	0.1	↑	X Sand Point Way and get into PBL when you can	0.1
8.	1.2	0.1	←	L onto Burke-Gilman Trail	1.2
9.	2.5	1.2	→	R onto NE 51st St (get off BGT)	0.0
10.	2.5	0.0	←	L onto 39th Ave NE	0.3

1.5 miles. +43/-22 feet

Num	Dist	Prev	Type	Note	Next
11.	2.8	0.3	↑	Bc NE Blakeley St	0.2
12.	3.0	0.2	←	L onto NE 45th Pl	0.1
13.	3.0	0.1	←	L onto Mary Gates Memorial Dr NE (LTL)	0.1
14.	3.1	0.1	→	R onto NE Clark Rd	0.3
15.	3.4	0.3	←	L onto Walla Walla Rd	0.2

1.0 miles. +7/-71 feet

Num	Dist	Prev	Type	Note	Next
16.	3.7	0.2	←	L to stay on Walla Walla Rd	0.2
17.	3.9	0.2	←	L to stay on Walla Walla Rd	0.6
18.	4.4	0.6	→	R onto NE Pacific St (2 abreast)	0.6
19.	5.0	0.6	→	R onto Brooklyn Ave NE	0.1

1.6 miles. +57/-33 feet

Num	Dist	Prev	Type	Note	Next
20.	5.1	0.1	↑	Get out of bike lane and prepare to turn L (no PBL!)	0.1
21.	5.2	0.1	←	L onto NE Campus Pkwy (PBL)	0.2
22.	5.4	0.2	→	R onto Eastlake Ave NE	0.4
23.	5.8	0.4	←	Slight L onto Harvard Ave E (LTL)	0.3

0.8 miles. +49/-83 feet

Num	Dist	Prev	Type	Note	Next
24.	6.1	0.3	↑	Watch for oncoming traffic	0.2
25.	6.3	0.2	←	L onto E Roanoke St (stay on R lane)	0.1
26.	6.4	0.1	→	R onto 10th Ave E	1.1
27.	7.5	1.1	←	L onto E Aloha St (LTL)	0.2
28.	7.7	0.2	→	R onto 12th Ave E (AWS)	1.7

1.9 miles. +238/-0 feet

Num	Dist	Prev	Type	Note	Next
29.	9.4	1.7	!	TRACK S!	0.2
30.	9.6	0.2	!	TRACK S!	0.3
31.	9.9	0.3	↑	Bc Golf Dr S	0.2
32.	10.1	0.2	↑	Bc 15th Ave S	0.8
33.	10.9	0.8	←	Slight L onto Beacon Ave S (LTL)	4.1
34.	15.0	4.1	←	L onto S Cloverdale St (AWS)	0.5
35.	15.5	0.5	→	R onto Renton Ave S	0.2

7.8 miles. +264/-398 feet

Num	Dist	Prev	Type	Note	Next
36.	15.7	0.2	←	L onto S Henderson St	0.6
37.	16.2	0.6	←	L onto Seward Park Ave S	1.5
38.	17.8	1.5	→	R to stay on Seward Park Ave S	0.4
39.	18.2	0.4	→	R onto S Juneau St	0.1
40.	18.3	0.1	→	R onto Lake Washington Blvd S	0.0

2.8 miles. +150/-150 feet

Num	Dist	Prev	Type	Note	Next
41.	18.3	0.0	←	L onto Seward Park Rd	0.1
42.	18.3	0.1	💧	REST STOP: Seward Park	0.0
43.	18.3	0.0	←	L onto S Juneau St	0.1
44.	18.4	0.1	→	R onto Lake Washington Blvd S	3.2
45.	21.6	3.2	↑	Bc Lakeside Ave S	0.8

3.3 miles. +69/-58 feet

Num	Dist	Prev	Type	Note	Next
46.	22.3	0.8	!	Rough surface and metal sheet!	0.5
47.	22.8	0.5	↑	Bc Lake Washington Blvd	2.0
48.	24.8	2.0	↑	X E Madison St	1.4
49.	26.2	1.4	→	Slight R onto E Roanoke St	0.4
50.	26.6	0.4	→	R at 520 Trail	0.0
51.	26.7	0.0	→	R onto E Park Dr E	0.1

5.1 miles. +229/-226 feet

Num	Dist	Prev	Type	Note	Next
52.	26.7	0.1	←	L onto E Shelby St	0.1
53.	26.8	0.1	→	R onto Montlake Blvd E	0.2
54.	27.0	0.2	→	R onto Walla Walla Rd NE	0.2
55.	27.2	0.2	←	L toward Walla Walla Rd	0.1
56.	27.3	0.1	←	L onto Walla Walla Rd	0.3

0.7 miles. +43/-54 feet

Num	Dist	Prev	Type	Note	Next
57.	27.6	0.3	→	R to stay on Walla Walla Rd	0.2
58.	27.8	0.2	→	R to stay on Walla Walla Rd	0.0
59.	27.8	0.0	←	Slight L to stay on Walla Walla Rd	0.2
60.	28.0	0.2	→	R onto NE Clark Rd	0.3

0.7 miles. +12/-0 feet

Num	Dist	Prev	Type	Note	Next
61.	28.3	0.3	→	R onto Mary Gates Memorial Dr NE	0.1
62.	28.5	0.1	↑	Continue onto NE 41st St	0.3
63.	28.7	0.3	→	R onto NE 45th St	0.0
64.	28.7	0.0	←	L to stay on NE 45th St	0.1
65.	28.8	0.1	↑	Continue onto Railroad Ave NE	0.1

0.8 miles. +43/-0 feet

Num	Dist	Prev	Type	Note	Next
66.	28.8	0.1	←	L	0.0
67.	28.9	0.0	→	R onto Burke-Gilman Trail	0.0
68.	28.9	0.0	←	Slight L to stay on Burke-Gilman Trail	0.4
69.	29.3	0.4	←	L to stay on Burke-Gilman Trail	0.5
70.	29.7	0.5	←	Slight L to stay on Burke-Gilman Trail	0.7

0.9 miles. +39/-2 feet

Num	Dist	Prev	Type	Note	Next
71.	30.4	0.7	→	R onto NE 65th St	0.2
72.	30.6	0.2	←	L onto 62nd Ave NE	0.1
73.	30.8	0.1	↑	Continue straight to stay on 62nd Ave NE	0.3
74.	31.1	0.3	→	R onto NE 74th St	0.0
75.	31.1	0.0	←	L onto 63rd Ave NE	0.2
76.	31.3	0.2	←	L onto NE 77th St	0.2

1.6 miles. +0/-73 feet

Num	Dist	Prev	Type	Note	Next
77.	31.4	0.2	→	R onto 62nd Ave NE	0.1
78.	31.6	0.1	📍	End of route	0.0

0.3 miles. +0/-4 feet