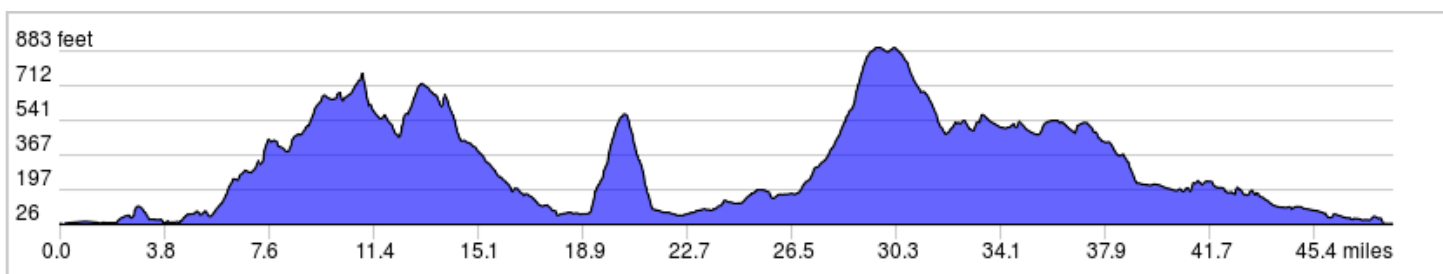
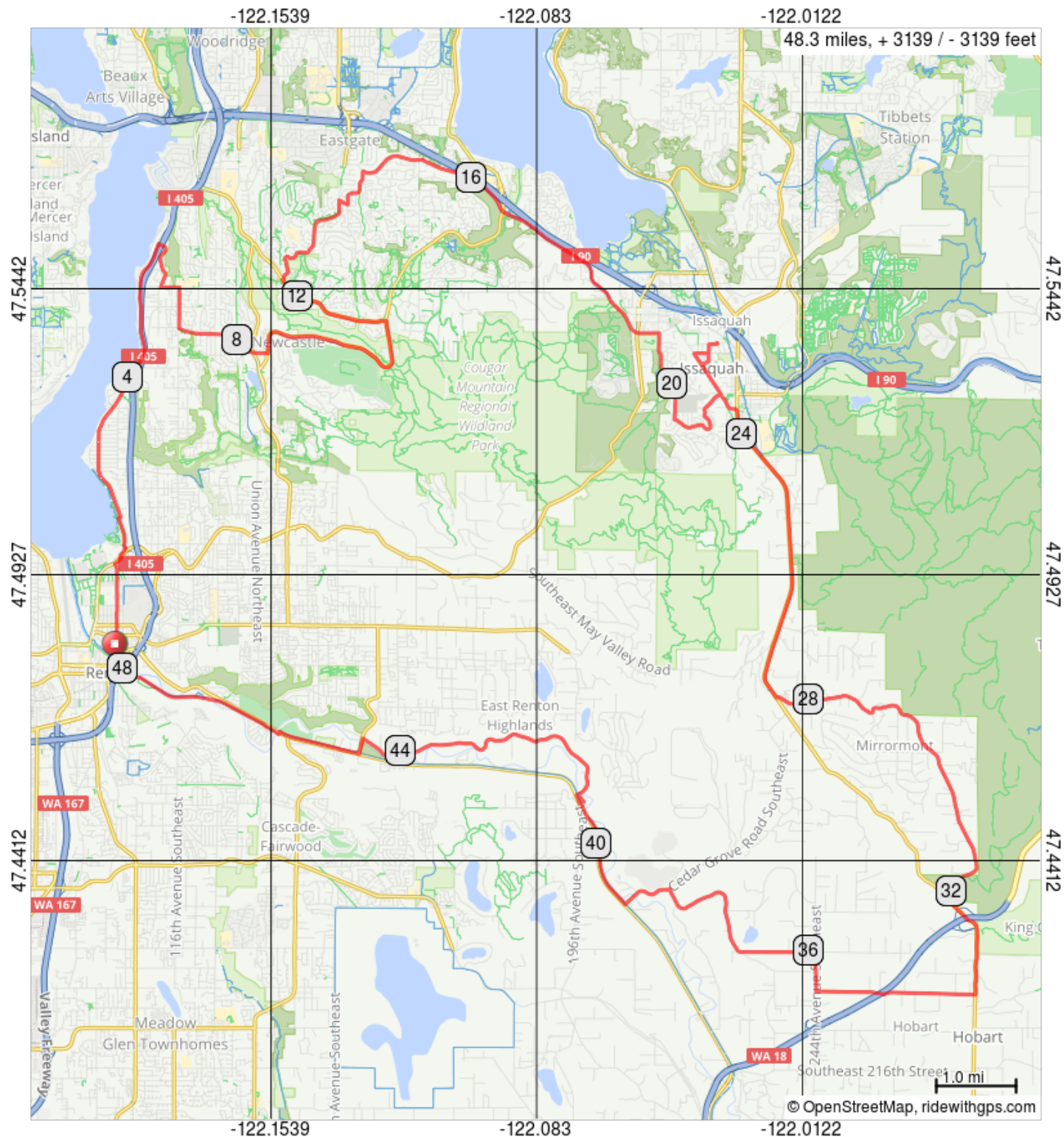


# #8 CHEW South 2017



Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0		Start of route	0.0
2.	0.0	0.0		R onto Mill Ave S	0.1
3.	0.2	0.1		R onto Bronson Way N	0.1
4.	0.2	0.1		L onto Park Ave N	1.2
5.	1.4	1.2		R to stay on Park Ave N	0.1
6.	1.5	0.1		L onto Lake Washington Blvd N	0.1
7.	1.7	0.1		L on Coulon Beach Park Dr QUICK RESTROOM STOP	0.4
8.	2.1	0.4		L onto Lake Washington Blvd N	0.6
9.	2.7	0.6		Slight R onto Burnett Ave N	0.6
10.	3.2	0.6		Slight R onto Lake Washington Blvd N	0.6
11.	3.9	0.6		Continue onto N 44th St	0.1
12.	3.9	0.1		L onto Seahawks Way	0.4
13.	4.3	0.4		Continue onto Ripley Ln N	0.1
14.	4.3	0.1		R onto trail	0.7
15.	5.1	0.7		Slight R onto 106th Ave SE	0.7
16.	5.8	0.7		R onto Lake Washington Blvd SE	0.6
17.	6.4	0.6		L onto SE 60th St	0.2
18.	6.7	0.2		R onto 116th Ave SE	0.5
19.	7.2	0.5		L onto Newcastle Way	1.2
20.	8.4	1.2		L onto 133rd Ave SE/Newcastle Golf Club Rd	1.9
21.	10.3	1.9		Continue onto Lakemont Blvd SE	0.6
22.	10.8	0.6		L onto Forest Dr SE	1.5
23.	12.3	1.5		R onto Highland Dr. STEEP UPHILL!	0.0
24.	12.3	0.0		Regroup 46th Ave not 46th Place. 6% grade	1.4
25.	13.7	1.4		Continue onto 148th Ave SE	0.1
26.	13.8	0.1		R onto SE 46th St	0.1
27.	14.0	0.1		L onto 150th Ave SE-downhill with stop sign	0.0
28.	14.0	0.0		Dwnhill with stop sign	0.1
29.	14.1	0.1		Continue onto SE 45th St	0.2
30.	14.3	0.2		Continue onto 152nd Ave SE	0.2
31.	14.5	0.2		R onto SE Newport Way	4.7
32.	19.2	4.7		R onto 12th Ave NW at Tibbetts Park. STEEP UPHILL	0.5
33.	19.7	0.5		Continue onto Mt Olympus Dr NW	0.2
34.	19.9	0.2		R to stay on Mt Olympus Dr NW	0.5
35.	20.4	0.5		Slight L onto Mountain Park Blvd	1.0
36.	21.5	1.0		L onto Newport Way NW	0.6

21.5 miles. +1753/-1650 feet

Num	Dist	Prev	Type	Note	Next
37.	22.1	0.6	➡	R onto NW Holly St	0.2
38.	22.3	0.2	⬅	L onto 222nd Ave SE/5th Ave NW	0.1
39.	22.4	0.1	➡	R onto NW Juniper St	0.1
40.	22.5	0.1	⬅	L ISSAQUAH COFFEE STOP ____ RESTSTOP	0.0
41.	22.5	0.0	⬆	2nd restroom behind coffee stand in blue bldg	0.0
42.	22.5	0.0	➡	R onto NW Juniper St	0.1
43.	22.6	0.1	⬅	L onto 222nd Ave SE/5th Ave NW	0.1
44.	22.7	0.1	⬆	Continue onto School District Rd	0.1
45.	22.8	0.1	➡	Slight R to stay on School District Rd	0.1
46.	22.9	0.1	⬅	L onto Newport Way NW	0.7
47.	23.7	0.7	➡	R onto Front St S	1.0
48.	24.7	1.0	⬆	Continue onto Issaquah-Hobart Road Southeast	2.9
49.	27.6	2.9	⬅	L onto Tiger Mountain Rd SE	4.6
50.	32.1	4.6	⬅	L onto Issaquah-Hobart Road Southeast	0.5
51.	32.7	0.5	⬆	Continue onto 276th Ave SE	0.8
52.	33.5	0.8	➡	R onto SE 200th St	2.0
53.	35.5	2.0	➡	R onto 244th Ave SE	0.5
54.	36.0	0.5	⬅	L onto SE 192nd St	0.9
55.	36.9	0.9	⬆	Continue onto Lake Francis Rd SE	1.6
56.	38.5	1.6	⬅	L onto Cedar Grove Rd SE	0.6
57.	39.2	0.6	➡	R onto Cedar River Trail	1.5
58.	40.7	1.5	➡	R across grass to dirt trail, back track to over pass to get onto Maple Valley Hwy.	0.2
59.	40.8	0.2	➡	R onto SE Renton Maple Valley Rd	0.1
60.	41.0	0.1	➡	R onto SE Jones Rd	3.6
61.	44.6	3.6	⬅	L onto 154th PI SE -- CAUTION TRAFFIC - Alternate sidewalk	0.2
62.	44.8	0.2	➡	R toward Cedar River Trail- speed limit 10mph from 149th until the under the 405	0.0
63.	44.8	0.0	⬅	L onto Cedar River Trail	1.1
64.	45.9	1.1	⬅	L to stay on Cedar River Trail	2.3
65.	48.2	2.3	➡	R onto S 3rd St	0.0
66.	48.2	0.0	➡	R onto Mill Ave S	0.1
67.	48.2	0.1	➡	R into parking lot. Route Completed.	0.0
68.	48.3	0.0	☐	You did it!! Yay!	0.0
69.	48.3	0.0	🏁	End of route	0.0

26.8 miles. +1367/-1418 feet