Cascade Training Series COVID-19 Update (3/17/20)

In light of recent developments regarding COVID-19 (aka the coronavirus) in King and Snohomish counties, Cascade has decided to officially postpone the start of the Cascade Training Series by six weeks and reassess the feasibility of hosting the series as a 6-week training series leading up to STP.

To be completely transparent, there is a possibility that this series will still be canceled as it is impossible to foretell how this current epidemic will play out and what restrictions will be in place at that time. Because of this, we have closed registration for CTS for the time being until we have more information. We will continue to monitor the situation and hope for the best.

Factors that we took into account when making this decision:

- The CDC is recommending canceling events with more than 50 people for the next 8 weeks.
- USA Cycling's has recommended canceling all community rides for the time being
- Governor Inslee's condemnation of public events and lack of social distancing that puts the safety and health of residents at risk
- King County’s continually evolving criteria for social and group gatherings

Bicycling is still a great way to exercise and boost your immune system during this time of public health advisory. We encourage you to find a way to continue to ride your bike in a responsible and safe way during the upcoming weeks.

If you do choose to ride on your own, remember that “Ride SMART” still applies and we encourage you to practice safety while on the road or trail. Our healthcare system is stressed due to the current situation, and the last thing our local care facilities need is new patients with injuries that could have been avoided by practicing smart riding habits.

Thank you for your patience and understanding as we navigate these difficult times. We look forward to riding as a group again soon. Stay safe and healthy.

If you have any questions that are not answered here or online, please feel free to reach out to info@cascade.org