

Interim Policy for Free Group Rides during “Roadmap to Recovery” Regional Phased Reopening

Pre-Ride Self-Screening Questions

1. In the past 24 hours have you experienced any COVID-19 symptoms?
Felt feverish? Chills? New or worsening cough? Shortness of breath? Sore throat? Diarrhea? Loss of sense of smell or taste?
2. Have you been in close contact with someone who has COVID-19?
3. Have you been tested for COVID-19, but do not yet have the results?

If the answer to any of these questions is **YES**, you should not participate in this group activity.

If you have a pre-existing medical condition or compromised immune system, it is recommended that you DO NOT participate in this group activity.

- This includes people who have heart disease, lung disease, cancer, high blood pressure, or diabetes.

COVID-19 Protocols:

In order to be good citizens and protect the health of the community and our riders, the following rules apply on all Free Group Rides:

- Unvaccinated riders are required to wear a mask/face covering during prolonged stops.
- Unvaccinated riders should wear a mask/face covering while riding, if possible.
- Vaccinated riders are not required to use masks/face coverings while outdoors.
- No spitting or snot rockets.

- Unvaccinated riders should maintain greater than 6 feet distance from others when off the bike, and 10-12 feet from others while riding.
- Don't share snacks or bottles or tools.
- Riders who have a mechanical problem should make their own roadside repairs. Vaccinated riders may assist other vaccinated riders with roadside repairs, if requested.
- All riders should have masks available for use during the ride.
- Follow posted social distancing rules at local businesses and public places, such as parks.
- Follow local business posted and stated mask rules when indoors.
- It is recommended that all riders wear masks when indoors at stops during the ride.
- Registration is required for all Free Group Rides.

NOTE: "vaccinated" means a person who has received the required regime of vaccine doses (depending on manufacturer) AND has waited two or more weeks since receiving the final dose of their COVID-19 vaccine. If a person has not received vaccine shots and reached this two-week milestone, they are considered "unvaccinated." Those persons who have not yet completed their full shot and wait regimine (not yet fully vaccinated) are also considered "unvaccinated" and they should follow the "unvaccinated" guidelines.