

GOYB 14.5 Willows trail II

Dist	Prev	Note	Next
0.0	0.0	Start of route	0.1
0.1	0.1	R toward 5th Ave S	0.0
0.1	0.0	Continue onto 5th Ave S	0.1
0.1	0.1	R onto 7th St S	0.2
0.4	0.2	L onto 9th Ave S	0.1
0.5	0.1	L onto 8th St S	0.2
0.6	0.2	R into Everest Park for restroom stop	0.1
0.7	0.1	Exit R onto 8th St S	0.3
1.0	0.3	Continue onto Railroad Ave	0.2
1.2	0.2	Slight R onto Kirkland Way	0.3
1.4	0.3	Continue onto 114th Ave NE	0.1
1.5	0.1	R onto NE 87th St	0.1
1.6	0.1	Continue onto 116th Ave NE	0.4

1.6 miles. +159/-81 feet

Dist	Prev	Note	Next
6.0	0.6	R toward Sammamish River Trail	0.1
6.1	0.1	L to stay on Sammamish River Trail	1.6
7.7	1.6	Pedestrian overpass	0.1
7.8	0.1	R onto Puget Power Trail	0.7
8.4	0.7	L onto Redmond Central Connector	1.2
9.7	1.2	Pedestrian overpass	0.2
9.9	0.2	R onto 161st Avenue Northeast	0.0
9.9	0.0	Continue onto Heron Rookery Trail	0.2
10.0	0.2	R onto Leary Way	0.2
10.2	0.2	Cross at crosswalk onto 520 Bike Trail	0.8
11.0	0.8	R toward NE 60th St	0.0
11.0	0.0	L onto NE 60th St	0.1
11.1	0.1	R onto 152nd Ave NE	0.4

5.7 miles. +322/-67 feet

Dist	Prev	Note	Next
2.0	0.4	R onto NE 95th St	0.0
2.1	0.0	L onto 117th Pl NE	0.3
2.3	0.3	R	0.1
2.5	0.1	L onto Slater Ave NE	1.0
3.5	1.0	L onto 124th Ave NE	0.1
3.5	0.1	R onto NE 116th St	0.0
3.6	0.0	Slight L onto Slater Ave NE	0.8
4.4	0.8	R onto NE 126th Pl	0.4
4.9	0.4	Continue onto NE 128th St	0.1
4.9	0.1	Continue onto 139th Ave NE	0.1
5.0	0.1	139th Ave NE turns slightly R and becomes 140th Ave NE/Willows Rd	0.4
5.4	0.4	L onto NE 124th St	0.6

3.8 miles. +79/-340 feet

Dist	Prev	Note	Next
11.5	0.4	L onto NE 68th St	0.0
11.5	0.0	R onto 152nd Ave NE	0.1
11.6	0.1	L onto Old Redmond Rd	0.2
11.8	0.2	R at 148th Ave NE/Grass Lawn Rd for reststop	0.2
12.0	0.2	Exit R onto Old Redmond Rd	0.9
12.9	0.9	Continue onto NE 70th Pl	1.7
14.6	1.7	R onto 6th St S	0.3
14.9	0.3	L at 5th Ave S	0.0
15.0	0.0	L to finish ride and have beer	0.1
15.0	0.1	End of route	0.0

4.0 miles. +228/-314 feet