

0.0	■	Start of route
0.0	←	L toward Beverly Park Rd
0.1	←	L onto Beverly Park Rd
0.7	→	R onto 112th St SW
3.2	→	R onto 14th Ave
3.2	↑	Continue onto Silver Lake Rd
3.7	→	R onto Andrew Sater Rd
4.2	→	R onto 124th St SE
4.4	←	L onto 3rd Ave SE
4.8	↑	Continue onto 130th St SE/Interurban Trail
7.3	→	R onto Meadow Rd
7.6	↑	Continue onto 13th Ave W
7.8	→	R onto Interurban Trail
8.6	→	Slight R to stay on Interurban Trail
9.0	←	L onto Butternut Rd/Interurban Trail

9.0 miles. +362/-501 feet

13.9	→	Slight R to stay on Interurban Trail
14.2	→	Slight R to stay on Interurban Trail
14.3	→	R onto 220th St SW
16.0	←	220th St SW turns slightly L and becomes Elm Way
16.1	←	L onto 8th Ave S
16.5	→	R onto 15th St SW
16.6	↑	Continue onto 226th St SW
16.9	↑	Continue onto Algonquin Rd
17.2	→	R onto Woodway Park Rd
17.6	↑	Continue onto 3rd Ave S
18.5	←	L onto Bell St
18.6	→	R onto Sunset Ave N
19.0	→	Sunset Ave N turns slightly R and becomes Caspers St
19.5	↑	Continue straight onto 9th Ave N
19.7	↑	Continue onto Puget Dr

6.2 miles. +291/-511 feet

9.0	←	L onto 178th St SW/Interurban Trail/Maple Rd
9.6	←	L onto Interurban Trail
10.1	←	L to stay on Interurban Trail
10.4	←	Keep L to stay on Interurban Trail
11.8	→	Slight R to stay on Interurban Trail
11.9	←	L to stay on Interurban Trail
11.9	←	L to stay on Interurban Trail
12.5	←	L to stay on Interurban Trail
12.6	→	Slight R to stay on Interurban Trail
12.7	←	L to stay on Interurban Trail
12.7	→	R to stay on Interurban Trail
13.2	←	L onto 61st Ave W/Interurban Trail
13.4	←	L to stay on Interurban Trail
13.5	→	Slight R to stay on Interurban Trail

4.5 miles. +158/-217 feet

19.8	←	L onto Olympic View Dr
23.8	↑	Continue onto 168th St SW
24.5	←	L onto 52nd Ave W
25.9	↑	Continue onto Beverly Park Rd
28.0	←	L at Gibson Rd
28.1	■	End of route

8.4 miles. +628/-196 feet