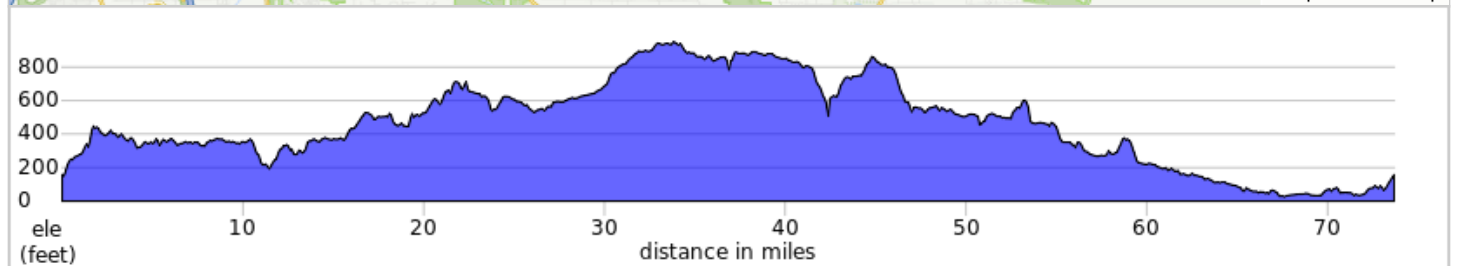
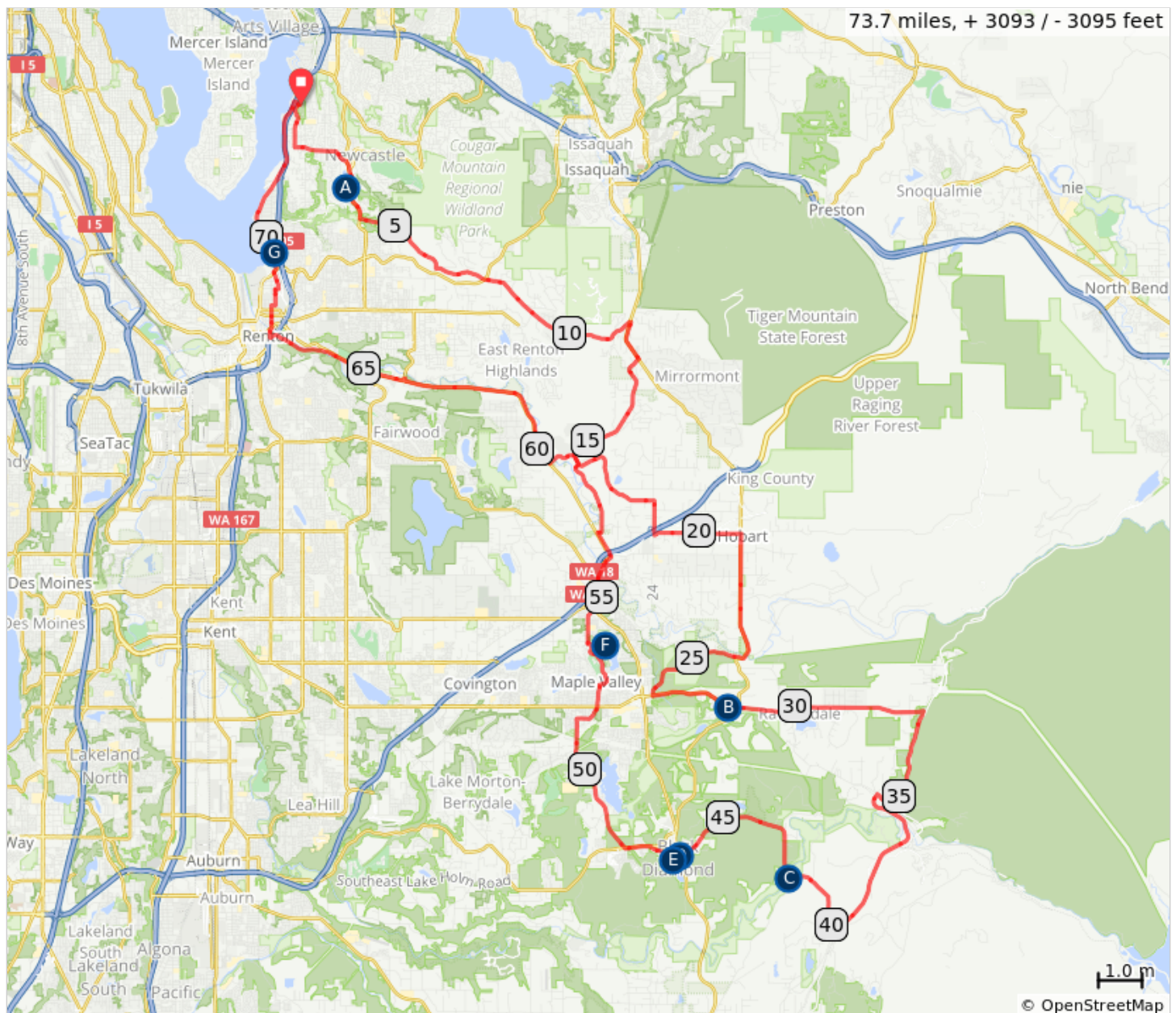


s2019 B/G-07 Bellevue-Cumberland (from Newport Hills)



A.	Lake Boren Park	E.	Black Diamond Bakery
B.	Ravensdale Park	F.	Optional stop Lake Wilderness Park
C.	Photo op	G.	Gene Coulon Park
D.	Cenex Gas Station Mini Mart		



Dist	Type	Note
0.0		Start of route
0.1		L onto Lake Washington Blvd SE
0.9		Continue onto 112th Ave SE
1.1		Slight L onto Newcastle Way
2.4		R onto Coal Creek Pkwy SE
3.1		R onto SE 84th Way
3.2		R at 130th Pl SE
3.3		L
3.3		REST STOP Lake Boren Park Restrooms and water
3.3		R toward SE 84th Way
3.3		L onto SE 84th Way
3.4		R onto Coal Creek Pkwy SE
4.1		L onto SE May Valley Rd
6.4		L to stay on SE May Valley Rd
11.5		R onto Issaquah-Hobart Road Southeast

11.5 miles. +717/-673 feet

Dist	Type	Note
12.4		R onto Cedar Grove Rd SE
15.5		L onto SE Lake Francis Rd
17.6		Continue onto 196th St SE
18.1		R onto 244th Ave SE
18.9		L onto SE 208th St
20.9		R onto 276th Ave SE
23.8		R onto 253rd St SE
24.3		Continue onto SE Summit Landsburg Rd
26.4		L onto SE Kent Kangley Rd
28.3		R onto 272nd Ave SE/Ravensdale Park
28.4		R onto SE 272nd St/SE Kent Kangley Rd
29.7		Slight L to continue on SE Kent Kangley Rd.
32.9		R onto Kanaskat Kangley Rd SE/SE Kanaskat Kangley Rd
35.2		Slight R onto Retreat-Kanaskat Rd

23.7 miles. +1404/-879 feet

Dist	Type	Note
35.7		L onto Cumberland Kanaskat Rd/Cumberland Kanasket Rd SE
39.8		R onto SE 352nd St
40.1		R onto 309th Ave SE
41.8		STEEP DOWNHILL, stop sign and sharp R at the bottom.
41.9		CAUTION: Sharp R turn.
41.9		R to stay on SE Green River Gorge Rd
42.3		Photo Op.
45.8		Continue onto Lawson St
46.4		REST STOP Cenex Gas Station/Mini Mart Optional or head to Black Diamond Bakery
46.4		R onto 2nd Ave
46.5		L onto Baker St
46.6		L onto Railroad Ave
46.7		REST STOP Black Diamond Bakery Food, Restrooms and Water

11.5 miles. +617/-890 feet

Dist	Type	Note
46.7		L on Railroad Ave when leaving the bakery
47.4		L onto Roberts Dr
48.0		At the traffic circle, take the 1st exit
48.0		Continue onto Lake Sawyer Rd SE
51.4		R onto SE 276th St
51.7		Continue onto Witte Rd SE
52.5		R onto Lake Wilderness Country Club Dr SE
53.8		R onto Witte Rd SE
53.8		Optional restroom stop at Lake Wilderness Park.
53.9		At the traffic circle, continue straight to stay on Witte Rd SE
56.0		R onto WA-169 N
56.1		R onto SE 216th Way
56.2		L onto Maxwell Rd SE
56.9		R onto SE 208th St

10.2 miles. +361/-674 feet

Dist	Type	Note
57.0	←	SE 208th St turns slightly L and becomes Maxwell Rd SE
58.8	←	L onto SE Lake Francis Rd
59.0	←	L onto Cedar Grove Rd SE
59.6	→	R onto Cedar River Trail
64.6	<i>i</i>	Optional restroom stop at Ron Regis Park
65.2	←	L to stay on Cedar River Trail
67.5	→	R onto S 3rd St
67.5	→	R onto Mill Ave S
67.7	→	R onto Bronson Way N
67.7	←	L onto Park Ave N
68.2	→	R onto N 5th St
68.3	←	L onto Garden Ave N
68.7	→	R onto N 8th St
68.8	←	L onto Garden Ave N
69.1	↑	Continue onto Lake Washington Blvd N

12.3 miles. +268/-509 feet

Dist	Type	Note
69.3	←	L onto Coulon Beach Acrd/Coulon Beach Park Dr
69.3	→	R turn into Gene Coulon Park
69.6	<i>i</i>	REST STOP Coulon Park Restrooms and water
69.7	→	R toward Lake Washington Blvd N
69.7	←	L onto Lake Washington Blvd N
71.6	←	L onto Seahawks Way
72.0	→	R
72.8	→	Slight R onto 106th Ave SE
73.5	→	R onto Lake Washington Blvd SE
73.6	←	L onto 113th Pl SE
73.7	📍	End of route

4.5 miles. +246/-125 feet